

STEP 1: FOOT PLACEMENT

Slide the WIDTH BAR to the widest position and the HEEL TO BALL INDICATOR back, to easily position the foot on the measuring system. With the person sitting, place the right heel into the right heel cup. The person should then stand with equal weight on both feet and parallel to each other to ensure that the foot being measured has elongated and spread to its correct size.

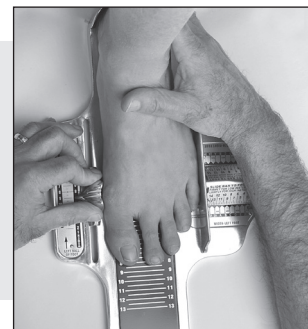
STEP 2: MEASURE HEEL TO TOE LENGTH

Press down on the toes so that they lie flat against the base of the system. Look straight down and read the toe length to the longest toe (not necessarily the first toe).



STEP 3: MEASURE HEEL TO BALL LENGTH

Move the HEEL TO BALL JOINT INDICATOR to the widest point at the ball of the foot so that it cups it. The correct measurement is where the pointer indicates. This measurement ensures that the ball-of-foot fits properly in the widest part of the shoe and matches the flex point of the foot to the flex point of the shoe.

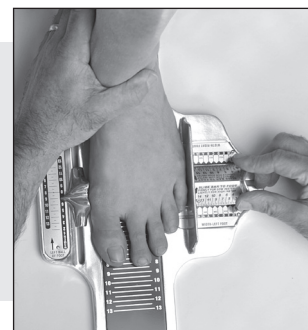


STEP 4: FIND THE CORRECT FOOT SIZE

Compare the heel to toe measurement and the heel to ball measurement and use the longer measurement.

STEP 5: MEASURE THE WIDTH

Slide the WIDTH BAR against the foot. Locate the person's foot size (as determined in step four) on the width bar and match it to the appropriate width measurement on the width scale. For fleshy feet go one width wider.



STEP 6: MEASURE THE OTHER FOOT

Reverse the APEX FOOT MEASURING SYSTEM and measure the other foot as described above. If one foot measures longer, then choose the longer measurement. It is not uncommon to have different size feet.

When used properly, the **APEX Foot Measuring System** is designed to indicate the correct foot size. This is the first step in the fitting process.

NOTE: The 1131A has both Men's & Women's dual calibrations. Take caution in using the same background color for all three foot measurements. Men's (Silver), Women's (Black)